## ABSTRACT OF THE DISCLOSURE

In accordance with the present invention, an interactive system for providing information to individuals in a medical setting is provided. The system broadly comprises at least one video display unit located within the medical setting, a list of programs available for viewing by the individual, a manual device for entering a program number selected from the list, an electronic device containing a plurality of video files connected to the at least one video display unit so that a program selected by the individual using the manual device is provided by the electronic device to the at least one display unit, and an electronic device external or internal to the medical setting for changing and updating the video files on the electronic device. In still another aspect of the present invention, a method for gathering information about health care programs being viewed by individuals in a medical setting is provided.